



# TURKEY BURGER WITH FARRO SALAD



**SUSAN WOLFLA**  
Executive Chef,  
Mandalay Bay Resort & Casino

“ A healthy twist on a 4th of July favorite that meets dietary guidelines of protein, fats, and carbohydrates. ”





SERVES  
**4**

# TURKEY BURGER WITH FARRO SALAD

## INGREDIENTS

- **2 cups** farro
- **1 cup** feta
- **2 cups** tomatoes, diced
- **2 cups** cucumbers, diced
- **2 tbsp** olive oil
- **2 tbsp** red wine vinegar
- **4** turkey burgers
- **4** sandwich thins

**1** Cook farro until tender in boiling, lightly salted water

**2** Drain farro and chill

**3** Combine all ingredients and adjust seasoning with salt and pepper

*\*Chopped basil, cilantro, or parsley is also a nice addition to this recipe.*

**4** Grill turkey burgers

**5** Lightly toast sandwich thins on the grill

**6** Garnish sandwich with lettuce, tomatoes, and guacamole



**LAS VEGAS**

#IMEXRECIPES